MANAGING SILENCE IN WORKPLACES

SIVARAM VEMURI

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SIVARAM VEMURI

Charles Darwin University



United Kingdom - North America - Japan - India - Malaysia - China

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Preface

This book is the outcome of several years of introspection and exposure to silences in workplaces that I witnessed myself and learned about from others who shared their experiences with me. I was interested in exploring how managers can deal with silence in the workplace. It is a very common experience but I soon learned that most managers are themselves quite silent about it. Many ignored it and those who did acknowledge it dismissed it as 'just an employee who had issues to deal with'. I was sure there was more to it than this and I wanted to explore how silence in the workplace can be appropriately addressed.

I searched in vain for a methodology that would adequately serve the purpose. I needed a framework that could link individuals' workplace decisions to the role managers can play to create environments based on trust and mutual respect, and that contribute to managing change and improving productivity. It was a tall order. It required an investigation into ethical ways to manage silence. It was clear that the solution to managing silence cannot be prescriptive nor descriptive but has to contribute to the manager's toolkit. The solution had to lie in understanding the ethics of silence.

I was fortunate to co-author a book with my friend and colleague Nancy Billias on this subject. The book is based on an interdisciplinary (philosophy and economics) framework that we developed; however, as I began researching how to manage silence in the workplace, it became clear that I would need to move from interdisciplinarity to transdisciplinary work. To do justice to the formation of an appropriate management tool, I needed to bring ideas from several disciplines and go beyond to create a comprehensive approach to understanding the management challenges of dealing with silences in workplaces.

Chapters 1–3 are the result of my pursuits in creating a transdisciplinary approach. Chapter 4 explains the several theoretical types of silence that prevail in the workplace. In keeping with the transdisciplinary nature of my exploration, in this chapter I construct the importance of hope to develop the management tool.

Chapter 5 is devoted to measuring silence in the workplace and the measure is then applied to real-world constructs of public agencies and private institutions to examine the relevance of the tool for managers who may wish to use it. As I was interested in treating the management of silence in workplaces in an ethical way, I worked with my colleague Silpi Dhungana Pant to illustrate how it can work without being prescriptive on what managers need to do. In preparing and writing this book, I was helped by many people. I am grateful to all the leaders, managers and employees at my own workplace, Charles Darwin University (CDU), those at the Institute of Managers and Leaders and fellow NT branch members, as well as fellow Rotarians of the Darwin Sunrise Rotary, who have allowed me insights into silences in their decision-making processes. I am also grateful to the line managers in the public and private sector agencies that allowed me to administer a questionnaire to staff and who encouraged staff to cooperate. It had proved exceedingly difficult to gain access to larger organisations and indeed many small ones, so the fact that we received almost 100% response rates, albeit from small agencies, allowed us to draw valid conclusions.

I have benefited immensely from the knowledge I received from all of them. I also wish to acknowledge the contribution of my friends (too many to mention) and family (Jyoti, Alia, Sidharth, Ed, Ila and Ariki) who willingly and sometimes unintentionally shared their own personal experiences with silence. I am grateful for the support I received from the wonderful Roopali Misra and Amander Dimmock who willingly obliged me to bring to life the graphs of my sketches. I am also very much indebted to the wonderful library staff at CDU, Carolyn and Brenda, whose support made my journey into transdisciplinary work so much more rewarding. I finally wish to thank my very dear friend and colleague June Kane for bringing life into the manuscript. Thank you, June, for doing such a wonderful job.

I hope this book will make a small contribution to making workplaces of the present and the future more inclusive of their employees. People are, after all, at the very core of everything we say and do.